

April 2011

Salisbury Open Meet – 3 April

Well done to Toby, Theo, Max, Lily, Paige, Amber, Emily and

Ella who entered the Salisbury Open Meet

swim21



Lots of new personal bests set with Toby 12y, bringing home 2 gold, 1 silver and 2 bronze and Ella, who celebrated her 9th birthday on Saturday bringing home 1 silver and 1 bronze.

This was the first Open meet for 4 swimmers and they achieved superb results. Well done to everyone and congratulations on all of your successes!

More Success For Rachel !

Melksham Swordfish's own Rachel Williams took part in the British Championships in Manchester held 5 to 12 March 2011.

She set two new personal best times and has set two new Wiltshire Long Course records.



Swim 21!

Swim 21 is the national accreditation scheme that proves that Melksham Swordfish is a well run, safe and proactive organisation.

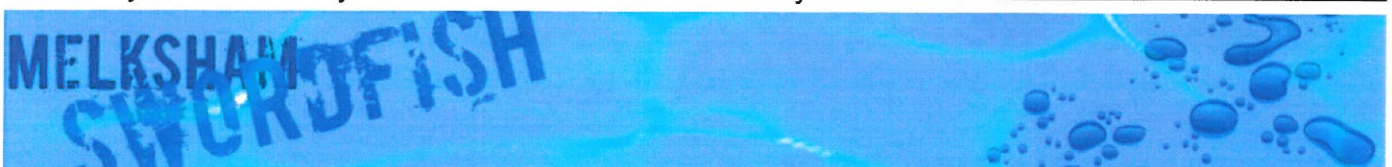
We are currently undergoing reaccreditation which takes place every 5 years. During this process we will be undertaking a full review of all of our policies and procedures to make sure that they are fully up to date and compliant.

So over the next few months we will be signposting you to new policies on the website which you will need to have a look at and make sure you are up to speed with what is expected of us all.

Masc Sessions in April & May

Don't forget that there will be no Masc swim sessions on Friday 22, Saturday 23 or Monday 25 April. Plus there will be no swim session on Friday 29 April which is the extra Bank Holiday due to the royal wedding!

And looking ahead to May, there will be no swim sessions on Monday 2 and Monday 30 which are both Bank Holidays



Focus On.....Pete Bayley!

Welcome to a new feature where each month we are going to focus on a person within the club – swimmers, poolside team or committee as a way of us all getting to know a little bit about each other.

Kicking it off this month is Pete Bayley. Most of you will recognise Pete But here's a little bit about him and his story of how he became involved in Melsksham Swordfish.



I have two girls and a boy, my younger daughter Joanna and my son Matthew both swim with Swordfish.

I started off helping with the lane ropes and doing some timekeeping. Then after 3 years as club Secretary I stood down to concentrate

on poolside activities.

I did a level 1 teaching course because the club was short of teachers and wanted to help out more. I thought I will give it a go and try and pass the course, which I did in 2009.

I learnt a lot and enjoyed it . A few months later I did a level 1 coaching course.

After a long day at work going down the pool in the evening can be a bit draining, but it's good to see swimmers improving their strokes and speed and above all enjoying themselves.

I would encourage others to give it a go and help out to see if they enjoy it. A couple of years ago, I wouldn't have dreamt that I would be taking a session now! I started a level 2 coaching course last September and am hoping that I have passed.

It's a great club, but everyone needs to help out in whatever way they can it is a members club and to sustain it we have to do a great deal of work behind the scenes.

If you think you might be interested in helping out with galas or on poolside in whatever small or large way, please contact Sarah Todhunter on 4toddys@tiscali.co.uk

RESPECT!

Sadly there have been some reported incidents of bad behaviour where older swimmers have been intimidating younger ones and occurrences of rudeness and disruption in sessions.

We expect all of our swimmers to respect each other and It is especially important for older swimmers to act as role models for younger ones.

This is a reminder that such behaviour will not be tolerated.

Dates For Your Diaries!!!!!!!!!!

Sunday 10 July- Open Water at lake 32, Cotswolds waterpark.

Saturday 8th and Saturday 15th October - Club Championships

Quiz!!!!

Well, the last quiz really stumped you all – no one got the answer to the tie breaker which was our own Rachel Williams!

Better luck with this month's word search! Deadline for entries 10am Saturday 14 May. Don't forget there is a £10 Amazon Voucher for grabs.

Land Training

The last land training session until

September will take place on Wednesday April 27 which will be a games evening!

Wordsearch swimming club names

P E N G U I N S T W E N E S G
S A H A J Z X K C E C S S Y W
L G T S T N A R O M R O C A A
L L S N I L R A M E U S S R S
U E B A U F N H H E S R P G P
G S E W S T D S S L A E S N S
A O E S B N I R N S D G B I N
E V S O W F O E O D E N A T I
S U G A G S J G X W R I R S F
W X H N H N F I A X S T R R E
G I I D G N I T S R K S A E U
K K B A R R A M U N D I C Y L
O T T E R S K R A H S E U L B
J M C R O C O D I L E S D F B
D O L P H I N S S P F Z A C B

BARRACUDA
BLUEFINS
CROCODILES
DRAGONS
FLAMINGOES
MARLINS
PENGUINS

SHARKS
SWANS
TURTLES

BARRAMUNDI
BLUESHARKS
CRUSADERS
EAGLES
FLYERS
NEWT
PIRANHAS
SEAGULLS
STINGERS
SWORDFISH
WASPS

BEEES
CORMORANTS
DOLPHINS
EELS
KINGFISHERS
OTTTERS
SAXONS
SEALS
STINGRAYS
TIGERSHARKS

WHICH CREATURES ARE NOT IN THE PUZZLE?.....

NAME:

TEL / EMAIL: